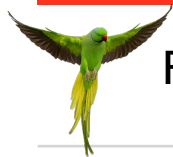
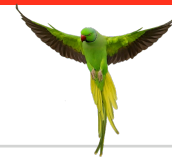


Boredom Buster

A mix of videos, challenges and guides to bust boredom



Positive Parrot: "There is always somebody to talk to."



Children's Mental Health Week - Pilates



30 minutes of pilates to prepare the body for anything that comes your way!

Keep up to date with Sporting Influence

Follow us on social media for up to date news, competitions and much more.

FACEBOOK

TWITTER

INSTAGRAM



Healthy Harry's Lunch Box

Click the picture to take a look at Healthy Harry's lunch today!



COSMIC KIDS

Bring reality TV to your yoga with a special Masked Singer Yoga

Check out the next page for...
Sporting Influence's Great Game Collection

Join Mr Doey for some Thinking Fitness.

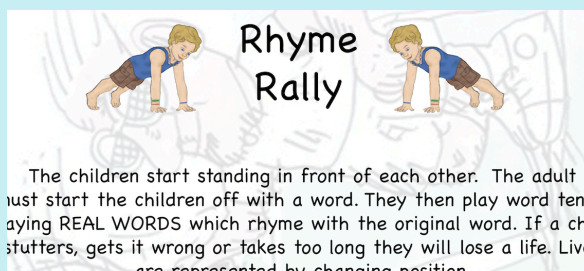
Thinking Fitness



Answer the questions, complete the skills, avoid the forfeit. Earn points for your team whilst we learn and stay fit!

Sporting Influence's Great Game Collection

Take a look each week to find a new game that you can play at home or school. Most of the equipment can be swapped to make every game achievable. Games can be made easier or harder to meet the ability and age of any Primary School Child. Click the pic to access the workout.



Supporting schools through Corona Virus

www.sportinginfluence.com