



Family Learning

Supporting your child with their homework – Key stage 1

Tue 13:00 to 14:30 03/11/2020 to 01/12/2020 5 weeks Free | Free

Supporting your child with their homework – Key stage 2

Thu 13:30 to 15:00 05/11/2020 to 03/12/2020 5 weeks Free | Free

Family Christmas crafts

Sat 18:00 to 19:00 28/11/2020 to 19/12/2020 4 weeks Free | Free

Christmas crafts for tots

Wed 18:00 to 19:00 02/12/2020 to 16/12/2020 3 weeks Free | Free



Health & Wellbeing

Mindfulness – making small steps to self care Mon 10:00 to 13:00 30/11/2020 to 14/12/20 3 weeks £16.20 | £40.50

Step into winter and beat the winter blues

Thu 09:30 to 12:30 03/12/2020 to 17/12/2020 3 weeks £16:20 | £40.50

Mindfulness – respecting yourself and others Wed 11:00 to 14:00

04/11/2020 to 25/11/2020 4 weeks £21.60 | £54.00

Developing assertiveness Tue 09:30 to 15:30 03/11/2020 to 17/11/2020 3 weeks £32.40 | £81.00

Understanding bereavement

Tue 09:30 to 15:30 24/11/2020 to 24/11/2020 1 week £10.80 | £27.00

Dementia Awareness

Tue 09:15 to 15:30 24/11/2020 to 01/12/2020 2 weeks Free £67.00

Understanding substance and addiction misuse

Thu 09:30 to 12:30 05/11/2020 to 10/12/2020 6 weeks £32.40 | £81.00

Coping with change

Wed 09:30 to 14:30 18/11/2020 to 02/12/2020 3 weeks £27.00 | £67.50

We offer a range of health and social care accredited qualifications which are designed to equip you with the skills and knowledge needed to care for others in a broad range of health or social care settings. We have courses starting from November.



Our Learning Guidance and Support team...

Are here to support you, whether it is taking the first step back into learning, or getting that all important qualification to open doors to further learning or employment.

Book a 30-minute advice and guidance session via Skype or on the phone to discuss your situation (see contact details below).

You can search our courses and book online: www.northyorks.gov.uk/adultlearning

- **G** @NorthYorkshireAdultLearning
- Tel: 01609 536066, ask for 'Adult Learning'
- Email: AdultLearningService@northyorks.gov.uk



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Contact us

If you would like this information in another language or format such as Braille, large print or audio, please ask us. Tel: 01609 780 780 Email: customer.services@northyorks.gov.uk

Adult Learning and Skills Service

"I want to get back into learning"

> "I need to learn for work"



Adult Learning Courses Online and beside you Every step of the way





"I want to learn a new skill"





"I want to gain an English and maths qualification"



earn for work



Improve your core skills, health and wellbeing



Be part of the Adult Learning online family

Here are just some of our online adult learning opportunities starting over the next few months.

We will continue to offer a wide range of exciting online courses to capture your interest and enthusiasm for learning during the next few months. Our learners who have already completed their online courses have rated our online provision as 'very good' throughout their learner feedback. We look forward to welcoming you to our online learning family.

Helping you financially

To help make learning affordable for everyone, reduced fees are available and some of our courses, which support employment skills, are FREE if you are unemployed, receiving state benefits and actively seeking work. If your individual annual salary is less than £17,004, you could be eligible for free course fees (Level 1 or Level 2).



Arts and Craft

Techniques and tips to improve your drawing skills

Tue 19:00 to 20:00 10/11/2020 to 01/12/2020 4 weeks £7.20 | £18.00

Alter and upcycle

Wed 18:30 to 20:30 11/11/2020 to 16/12/2020 6 weeks £21.60 | £54.00

A beginners course in dressmaking

Tue 10:00 to 12:00 10/11/2020 to 15/12/2020 6 weeks £21.60 | £54.00

Beautiful DIY Christmas decorations

Tue 18:30 to 20:30 17/11/2020 to 24/11/2020 2 weeks £7.20 | £18.00

annual income is less than £17,004 per year, or you are unemployed, receiving benefits and are actively seeking work.

Price 1 - Price to pay if your

Price 2 - Price to pay if you are in employment and your annual salary is over £17,004.

You must have been ordinarily resident in the United Kingdom continually for at least the last 3 years.

Fabric applique collage angels

Tue 19:00 to 21:00 01/12/2020 to 22/12/2020 4 weeks £14.40 | £36.00

Machine embroidery

Tue 19:00 to 21:00 12/01/2021 to 02/02/2021 4 weeks £14.40 | £36.00

Needle felted fairy Christmas tree toppers

Tue 19:00 to 21:00 03/11/2020 to 17/11/2020 3 weeks £18.80 | £27.00

Ukulele play along online

Wed 10:00 to 11:30 28/10/2020 to 25/11/2020 5 weeks £13.50 | £33.75

Tablet or smart phone photography

Fri 10:30 to 12:30 06/11/2020 to 04/12/2020 5 weeks £18.00 | £45.00

Introduction to creative crafts

Wed 10:00 to 12:00 04/11/2020 to 02/12/2020 5 weeks Free | Free

Sat 10:00 to 12:00 14/11/2020 to 12/12/2020 5 weeks Free | Free



Accounting

Using numbers in business

Thu 09:30 to 12:30 12/11/2020 to 19/11/2020 2 weeks Free | Free

Bringing the office home

Fri 09:30 to 12:30 13/11/2020 to 11/12/2020 5 weeks Free | Free

Introduction to Sage level 1

Mon 18:00 to 21:00 02/11/2020 to 09/11/2020 2 weeks Free | Free

Tue 09:30 to 12:30 03/11/2020 to 10/11/2020 2 weeks Free | Free

AAT Access Award in Automated Accounts using Sage level 1

Mon 18:00 to 21:00 16/11/2020 to 01/02/2021 10 weeks Free | £226

Tue 09:30 to 12:30 17/11/2020 to 02/02/2021 10 weeks Free | £226

Preparing for bookkeeping

Courses are completed in your own time, remotely as separate modules. Free | Free

Preparing to work with Sage level 1

Courses are completed in your own time, remotely as separate modules. Free | Free

Preparing to work with Sage level 2

Courses are completed in your own time, remotely as separate modules. Free | Free

Sort your skills

Do you want to refocus on your future? Would you like to improve your online skills? Do you need to take a fresh look at job searching? Our sort your skills programme includes free online learning workshops, which you can choose to sign up to depending on your own requirements. Courses are running throughout the year. Please contact us for more information.



Digital Skills

We are running a series of free online modules to help you or a family member/friend get to grips with the digital world. Courses include: basic online photo editing, social media for beginners, getting started with Skype and Zoom, safe online banking and shopping, gaining confidence with Tik Tok and how to use a tablet.

Our accredited computing courses are available from November (please visit our website or contact us for more information).



Education and Training

Are you working as learning support staff in a school or do you want to pursue a new career in education? We offer a suite of accredited qualifications such as -

NCFE Cache Level 1 Preparing to Work in Schools

NCFE Cache Level 2 Award in Support Work in Schools and Colleges

NCFE Cache Level 3 Diploma in Supporting Teaching and Learning

All starting early November, contact us or visit our website for dates.

Coding in Schools

Thur 09.30 to 11.00 12/11/2020 to 10/12/2020 5 weeks £18.00 | £45.00

Learn English!

English

Say more than merry Christmas

Mon 09:30 to 11:30 23/11/20 to 30/11/20 2 weeks Free | Free

Reading club (short stories crime fiction)

Wed 10:00 to 12:00 04/11/2020 to 16/12/20 7 weeks Free | Free



Get creative



Reading club (a mix of short stories)

Wed 13:00 to 15:00 04/11/2020 to 16/12/20 7 weeks Free | Free

Cultural stories

Tue 10:00 to 12:00 10/11/2020 to 15/12/2020 6 weeks Free | Free

Express yourself through poetry

Tue 13:00 to 15:00 10/11/2020 to 15/12/2020 6 weeks Free | Free

Functional skills English

Courses starting throughout the year up to 18 weeks Free | Free

Maths

Functional skills Maths

Courses starting throughout the year up to 18 weeks Free | Free

ESOL Qualifications

ESOL skills for life qualifications are ideal if you are based in the UK and you need to improve your understanding and use of written or spoken English. We are offering FREE online **Conversation Classes with** various start dates and times.