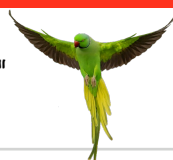


Boredom Buster

A mix of videos, challenges and guides to bust boredom



Positive Parrot: "Even miracles take a little time."



KEEP FIT WITH DINOSTOMP



Reception or Year 6, have fun with this DINOSTOMP dance and get moving to the beat!

Keep up to date with Sporting Influence

Follow us on social media for up to date news, competitions and much more.

FACEBOOK

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Healthy Harry's Lunch Box

Click the picture to take a look at Healthy Harry's lunch today!

COSMIC KIDS



Go on a dinosaur adventure with Jamie through the jungle.

Check out the next page for...
Sporting Influence's Great Game Collection

Join Mr McTernan as he goes up and down.

Join Mr McTernan as he goes up and down.

When the song
says up go up a
step...

Join Mr McTernan in the Up Down Challenge. If you are at home use the bottom step of the stairs. If you are at school grab a school bench and get working!

Sporting Influence's Great Game Collection

Take a look each week to find a new game that you can play at home or school. Most of the equipment can be swapped to make every game achievable. Games can be made easier or harder to meet the ability and age of any Primary School Child. Click the pic to access the workout.



Supporting schools through Corona Virus

www.sportinginfluence.com

Click on
us for help with the
exercises.

