



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Whitford

This term Mr. Whitford has worked with each class in their PE lessons.

Class 1 have been so determined and enthusiastic in their lessons.

- Dance – children had fun using their imagination to move like a dinosaur, linking actions together to create a short dance. Talia and Orla showed fantastic expression!
- Multi-Skills – children have worked on their fundamental skills such as throwing, catching, rolling and stopping a ball. We have also had lots of fun working on evasion skills as part of tig games!

Class 2 children have made great progress this term:

- Dance - children have also focused on a dinosaur dance but have worked in small groups to explore and create their own movements working in counts of 8.
- Net/Wall - we explored how to throw and hit into space, but also how to get into the right position to receive a ball. Children will look to apply these skills in games such as tennis and badminton. William and Henry showed great focus and determination!

Class 3 children have demonstrated great enthusiasm in PE lessons:

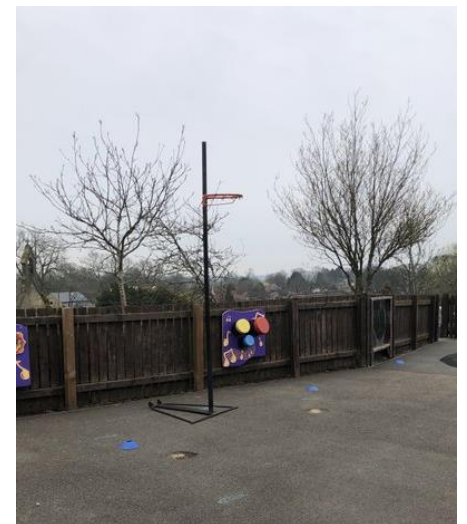
- Dance – we had great fun creating a dance to 'Jungle Book – Bare necessities'. Children worked on their unison, canon, timing and expression throughout and also introduced the idea of using different dynamics and formations.
- Netball – children worked hard to develop their passing and moving into space, shooting and pivoting and used these to great effect in their game against Fountains school – winning 8-2! Freddie was a star shooter!

Class 4 children have shown great focus in their lessons this term:

- Dance – we had great fun exploring the Haka with children focusing on their expression and timing! Ismay, Zoe and Georgia also choreographed their own dance which they taught to the rest of the class!
- Netball – the class have looked to apply their skills consistently under pressure in games. We also worked on decision-making of when and where to use different skills.



Class 1 & 2 used model dinosaurs to help create their own movements in dance.



The Netball posts set up for our shooting lesson!



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www.sportinginfluence.com